

## BREAKING BREAD OR BREAKING TRADITION

The mini van pulls up to the home; van doors swing open and kids dash toward the front door of their house. A voice from the driver's seat of the van directs, "Hurry up." The kids dart inside, change out of school clothes and into clothing suited for the evening's events: baseball practice and dance recital. "We'll pick something up to eat on the way," is a common statement in this picture of the twenty-first century American family. Convenience and busy schedules have trumped sitting down as a family for dinner. Somehow, sharing dinner and breaking bread as a family, has been lost as part of this nation's



Photo courtesy of Crossdaily.com

family values. Sports, academic demands, and long work hours consume time; time once sacred, for the family to be together at dinner. Preparing a home cooked meal seems increasingly outdated, unattainable and even unnecessary. Delivered pizzas, or a rotisserie chicken bought at the local supermarket, have replaced "Grandma's special casserole." Most Christians seem unaware of another subtle attack of the evil forces in this nation, as they speed along to keep up with the "norm." Keeping up has a price; and understand this, the price could be your children. See *Breaking Bread* page 3

## Life is a Theater . . .

By Temesha Koontz

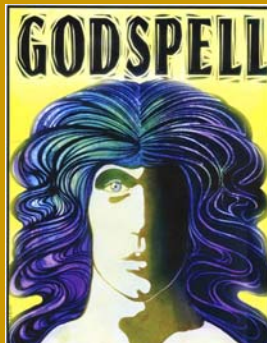
When I read the poem you will find on page 4, it brought to mind 2 Corinthians 6:17 (NIV), "Therefore, come out from them and be separate, says the Lord. Touch no unclean thing, and I will receive you." Our walk must be as clean as possible and not yoked with those openly in sin. What does yoke mean? "A bond or tie that keeps people together." So, we are not talking about casual acquaintances. This passage refers to those we are 'bound' to; those whose lives and actions affect ours. However, we must not forget to exhibit Christ and His Love at the same time. It is a fact we must face: there are those we have to have some contact with, even if doing so has the potential to harm. I can testify that God once called me to leave people alone for a season. Sometimes we must do just that – just as the poem suggests.

I am blessed to have obeyed God in that season, and now I know why He did it. The next scripture that came to mind is 2 Corinthians 6:14: "Do not be yoked together with unbelievers. For what do righteousness and wickedness have in common?" This could relate to more than one kind of relationship or yoke: business, friendships and marriage with unbelievers or those of whom God simply says "No" about. Prayer will reveal it to those whom we must stay away from and with whom to limit fellowship. This passage was also a warning against false teachers, both in Paul's day and in ours. Beware, you the church of the most High God, of those whom would drag you down.

See *Life is a Theatre* page 4

### Inside this issue:

|                       |   |
|-----------------------|---|
| ATTENTION MEN !!!     | 2 |
| GO INTO ALL THE WORLD | 2 |
| BREAKING BREAD        | 3 |
| LIFE IS A THEATER     | 4 |
| FROZEN IN TIME        | 4 |



### A Rock Gospel Musical

Based on the Gospel of Matthew

October 6—22

Thursdays, Fridays, Saturdays and

Sundays at 7:30 PM

The Veterans Memorial Amphitheater in Old Fair Oaks Village at California Street and Fair Oaks Blvd. Tickets: \$12 General, \$10 Students/Seniors, \$5 Children. For more information call: (916) 966-3683



## ATTENTION MEN !!!

By Jennifer Johnson

Promise Keepers 2006, "Unleashed: Releasing The Raw Power Of Your Heart" is coming to Arco Arena. The event will be held on October 6-7, tickets may be purchased by phone (there will be additional charge), or online.

The speakers this year will be Reggie Dabbs, Bob Record, Dr. Rick Rigsby, Dobie Weasel, and Samuel Rodriguez. The worship band this year is PK7, composed of worship leaders and studio musicians from around the U.S. Please go to their website to get more information. Then hurry and sign up. Time is running out!!! This is an awesome event geared just toward men. So grab some friends and enjoy a powerful weekend of God moving in your heart.

Promise Keepers "Unleashed," Arco Arena, Oct 6-7, Adult Registration \$89.00, Youth Registration \$69.00, Military \$59. Group rates available for 10 or more.

Phone: 866-PROMISE (7am-8 pm, M-F, MST)

<http://www.promisekeepers.org/2006/Sacramento.aspx>

## Go Into All The World

By Mark Bohanan

"And he said to them, 'Go into all the world, and give the good news to everyone'" (Mk. 16:15 BBE).

Here is a young man who seems to be doing many things right; he's 17 years old and has been attending Trinity Life Bible College for two years in pursuit of his B.A. degree. He says that this past summer God gave him, and confirmed, a vision for service. His name is Daniel Oakley, otherwise known as "D," the son of our own Pastor T.

This past summer he traveled with the Urban Training Center to Los Angeles, San Diego, Seattle and Vancouver. The trip began in Los Angeles where the team began to prepare for their invasion into urban cities. This preparation started with a chapel service, which included God's word, music and drama. D said the entire trip was pretty rough because he had to get out of bed at 6:00 AM and then he was on the street from 8:00 AM to 5:00 PM. Each day D ministered to gang members, prostitutes, drug addicts and alcoholics, and just your everyday down and outers.

D tells a humbling story about a drug ad-

dict who was in a wheelchair. D was not afraid of the man. He didn't feel threatened, and kind of thought, "what is he going to do, chase me?" But when the man got out of the chair and ran after him with a hypodermic needle D was threatened and ran for his life. Eventually D had to defend himself, but later thought, "What a Christian testimony." He went to testify of God's greatness and ended up in a fight. I think many of us would have employed self-defense in a similar situation.

I asked D what impacted him the most on this trip and he told me this story: During one of the invasions the musical group was late and he was asked to stand in. A little scared and nervous, he stepped out of his comfort zone and agreed to lead the worship. D drew confidence from the scripture that tells Christians to be ready in and out of season. He gave it his best. Everyone was amazed as he used Christian Rap to witness God's glory.

**If you have gone on a mission trip this past summer please contact me for an interview, we would love to celebrate His good news with you by presenting His work to the student body. (Mark Bohanan, TLBC box #4) Mark Bohanan, Box #4 (628-1854 Cell)**

## Breaking Bread, continued



A recent issue of On Mission, a denominational magazine, contains some eye opening facts reprinted from Web MD: (September 16th, 2006), "As families get busier in the fall with homework and shuttling kids from one activity to the next, eating together tends to go by the wayside. Many families trade quality time for timesaving convenience. A recent study shows eating together as a family five times a week can have a positive impact on teens long after the dishes have been put away."

### Teens who eat with their families are less likely to . . .

Smoke cigarettes

Drink alcohol

Try marijuana

Have friends who use illicit drugs

Have friends who abuse prescription drugs

### Teens who eat with their families are more likely to . . .

Get mostly A's and B's in school

Say they would confide in one or both parents about a serious problem

Feel parents are very proud of them

Report lower levels of stress and tension at home

Talk to their families during dinner and have the TV off during the meal

Families can do well by asking one simple question: Is our house a home, or a pit stop on the way to the next event?"

## Nonprofit Resource Center needs Temp. part time program assistant

The Nonprofit Resource Center is seeking a part-time Program Assistant. This is a temporary position starting immediately through December 31. To provide basic customer service and administrative and logistical support. **Qualifications:** The ideal candidate will be an organized, detail-oriented, dependable, flexible team-player with excellent communication skills; the ability to organize information and assist clients; and enjoy working in an ever-changing, team-oriented environment where you will probably learn something new every day. **Requirements:** Experience with standard office procedures and computer applications. Proficient with MS Word, familiar with MS Excel. Experience using databases. **Salary range:** \$8.50/hour, 20 hours a week, M-F.

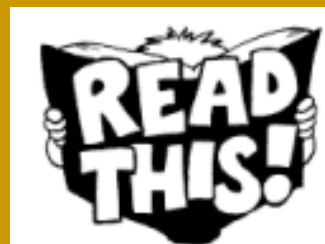
Mail, fax, or e-mail your cover letter and resume to:

Information Manager

Nonprofit Resource Center

828 "I" Street Sacramento, California 95814-2589

[plarson@onoprofitresourcectr.org](mailto:plarson@onoprofitresourcectr.org)



Trinity Life Bible College, 5225 Hillsdale Blvd., Sacramento, CA 95842

916.348.4689 Fax: 916.334.2315 E-Mail: [info@tlbc.edu](mailto:info@tlbc.edu) Web: [www.tlbc.edu](http://www.tlbc.edu)

## A BOOK REVIEW OF *FROZEN IN TIME*, PART 3

By Andrew Johnson

Siberia today is a harsh place. It hardly seems like the ideal setting for something reminiscent of herds of wildlife moving about the African savanna or the American Great Plains. During the post-Flood Ice Age, however, Siberia was quite different. Indeed, there were ice sheets in this part of the world, yet as discussed in the previous article, the lowlands of this region, as well as Alaska and the Yukon, were warmed by inflow from the warm ocean. What is today harsh, cold tundra was in the Ice Age a “mammoth steppe” supporting herds of wildlife, including the woolly mammoth. The process that transformed this great plain into tundra is what brought the mammoth to extinction in Siberia. Here I will provide only a summary of this process.

The cool and dry climate that developed near the end of the Ice Age likely drove the animals up north closer to the warmer coast, according to Michael Oard. However, as “fresh meltwater from the ice sheets and mountain ice caps poured over the denser saltwater,” sea ice began to form rapidly. Eventually, the only option for the animals was to retreat south. “The mammoths,” however, “being less able to travel long distances over the developing permafrost and snow” did not make it out of Siberia. This dramatic climate change in environment, the colder winters, drought, dust storms, floods, and boggy ground, contributed greatly to the demise of so many large mammals at the end of the Ice Age.

While most of mammoth remains consist of bones and tusks, there are also the rare frozen mammoth carcasses. One of the puzzles surrounding these carcasses is that they are found in a “general standing position.” The dry and windy cli-

mate near the end of the Ice Age produced massive dust storms. These rare mammoth carcasses may be of animals that were buried in these storms and preserved by the permafrost.

The concluding article in this series will feature the impact the Ice Age had on humans as they dispersed from Babel. Were Neanderthals and Cro-Magnons missing links in human evolution? Or, were they actually the truly-human descendants of Noah, resulting from the Babel Diaspora of Genesis 11?

### Life is a Theater

Author Unknown

Life is a Theater . . . Invite Your Audience Carefully. Not everyone is healthy enough to have a front row seat in our lives. There are some people in our lives that need to be loved from a DISTANCE. It's amazing what you can accomplish when you let go or at least minimize your time with draining, negative, incompatible, not-going-anywhere relationships or friendships.

Observe the relationships around you. Pay close attention.

Which ones lift and which ones lean?

Which ones encourage and which ones are going downhill?

When you leave certain people do you feel better or worse?

Which ones always have drama or don't really understand, know or appreciate you?

The more you seek Quality, Respect, Growth, Peace of Mind, Love and Truth around you . . . the easier it will become for you to decide who gets to sit in the front row and who should be moved to the balcony of your life.

*“If you cannot change the people around you, CHANGE the people you are around.”*

*Remember that the people we hang with will have an impact on both our lives and our income. And so, we must be careful to choose the people we hang out with, as well as the information with which we feed our minds. We should not share our dreams with negative people, nor feed our dreams with negative thoughts.*

*So, I ask the question: Who's in your front row?*

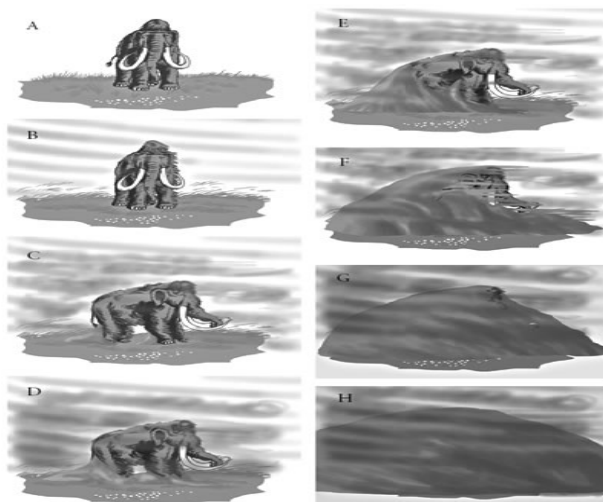


Figure 16.5 (A-H) from *Frozen in Time* illustrates the stages of a mammoth burial in a dust storm. Drawn by Dan Lietha